

COOLEYSMILES
GENERAL & COSMETIC DENTISTRY
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Tooth Colored Restorations

We have placed tooth-colored restorations in your teeth. The resin material used is a plastic with small "filler" particles of glass-like material for strength and wear resistance. These restorations will serve you well for several years. They are the finest and most up-to-date materials available today. However, you should be aware of the following information about your new restorations:

CHEWING: As with unrestored natural teeth, avoid chewing excessively hard foods on the restored teeth (hard candy, ice, bones, popcorn kernels, etc.) because the resin material can be broken from the tooth with extreme force. In the event that a breakage occurs, replacement of a restoration is not difficult. Natural teeth can be broken also with similar forces.

RECALLS: Visit us at your regular examination period. Often small problems that may be developing around the restorations can be detected at an early stage and repaired easily. Waiting for a longer time may require redoing the entire restoration. We will contact you when it is time for your recall appointment.

PREVENTIVE PROCEDURES: To provide optimum longevity for your restorations and prevent future dental decay and supporting tissue breakdown, please use the following procedures that are checked.

- A. Brush and floss in the morning, after eating, and before bedtime.
- B. Brush with 1.1% Sodium fluoride toothpaste dispensed by us or by prescription.
- C. Use a 0.4% stannous fluoride gel after brushing.... before bedtime.

THE FUTURE: We expect that you will receive several years of service from these restorations. However, some unavoidable situations may occur, which may require restoration replacement at a future time:

- A. Depending on the foods you eat and other factors, there may be a slight change in color of the restorations over a period of years. If the color becomes objectionable to you, they can be replaced.
- B. Some restorations may demonstrate slight stains at locations around the edges. Please tell us if this occurs.
- C. If you had veneers placed on your upper front teeth, after a period of time the gums (gingiva) may recede from the veneers, displaying discolored tooth structure underneath. This usually takes place over several years and may require replacement.

We have done our best to provide you with the finest quality oral restorations available today. However, as with a fine automobile or watch, only your continuing care and concern can assure optimum service longevity.

Thank you,
Dr. Aaron C. Cooley and Dr. Brandon E. Cooley

